



# International Yoga Teachers Association

Membership Information Booklet

## Contents

About IYTA.....	1
Why join the International Yoga Teachers Association?.....	1
Benefits of Full Membership with IYTA .....	3
Types of IYTA Membership .....	4
<b>Associate Membership</b> .....	4
<b>Full Membership (Teaching within Australia)</b> .....	4
<b>Full International Membership</b> .....	5
Contact Us .....	6
Join IYTA today!.....	6

## About IYTA

The International Yoga Teachers Association's primary activity is to ensure the highest level of yoga teacher training and ongoing support for yoga teachers in Australia and around the World. IYTA is managed by a dedicated group of members who are passionate about yoga and it's professional and ethical yoga teacher training.

IYTA is the longest running Not-For-Profit Yoga Association in Australia and with your membership you can contribute, share with others and be professionally supported as part of a large yoga community.

## Why join the International Yoga Teachers Association?

With IYTA you gain membership of an Internationally recognised Professional Teaching Association, with the opportunity to connect with likeminded yoga teachers worldwide. We are all working together to promote and teach yoga in a professional and ethical manner.

### You may be wondering how we are different...

- We are a Registered NON-PROFIT organisation. We're not in it for the money, and we follow ethical yogic principles.
- We are one of the few truly INTERNATIONAL Yoga Associations supporting yoga teachers around the world – represented in 20 countries – not just Australia, not just the USA, not just the United Kingdom.
- Membership benefits include generous discounts on further training, workshops, conferences, insurance, free CPD monthly video training tutorials, eNews newsletter and International Light Yoga Magazine... and more.
- There is a pathway to continue your Yoga journey or career. Choose from a selection of quality courses or workshops to gain further qualifications.
- Thousands of yoga teachers have graduated with the IYTA International Diploma of Yoga Teaching, and as well as



becoming IYTA Full Members can also register with Yoga Alliance (USA) and Yoga Australia membership.

- We're democratic – no one “owns” IYTA, everyone is democratically elected – with set terms of office, so that no single person controls it, that way we all have a say.
- We are not controlled by a Guru. We respect all yoga lineages and styles and support teachers from all traditions.
- We live by, and expect members to follow, a strong code of yogic ethics.
- We exist solely to benefit you (the members).
- All are welcome to join whether an existing teacher, student or just interested in being a member of an ethical International Yoga Association.
- IYTA was one of the first registered Associations established (1967) to support Yoga teachers Internationally.

## Join if you are looking to become a teacher or even to just improve your knowledge of yoga

- You can learn from an incredible community and a world-class Faculty, who teach and mentor from the heart and from their wealth of experience.
- You can keep up to date with Free monthly Continuing Professional Development tutorial videos (for full members).
- We offer correspondence education programs as well as online video recordings to help you wherever you may be.



## Benefits of Full Membership with IYTA



### Community Connection

We know being a yoga teacher you can spend much time by yourself, with IYTA you join a community of like-minded yoga enthusiasts and a team you can reach out to



**Advertise** your own workshops and events for FREE on the IYTA website 'Teacher Events Listing' page, we also include a Facebook post to promote your event or workshop!



**Discounts for First Aid and CPR** training for all members. For Full teaching members IYTA have partnered with AJ Gallagher for a great **Insurance Deal**



Stay up to date with yoga news and inspiration with a subscription to IYTA's own yoga journal the **International Light magazine** with 2 editions each year, as well as our monthly **eNews**



**Member-Only Discounts** for IYTA **Workshops, Events and Post-graduate Courses**. Keep up to date with your Continued Professional Development! As well as **FREE monthly CPD videos**



**Voting rights** in the Association. An Invitation to attend our Annual General Meeting, and open invitation to attend monthly Committee meetings



Your own **Member Profile** on the IYTA website in our Find A Teacher search engine. You can include a short bio, photo or logo, your contact details and a link to your website or information pages



**Recognition** as member of an International and Professional Yoga Association. We support, promote and represent you as a professional yoga teacher

**IYTA offer this and even more!**



## Types of IYTA Membership

There are three types of Membership with IYTA

- Associate
- Full Member (Teaching within Australia)
- International Member

### Associate Membership

An Associate member is a non-teaching member, this can be someone interested in yoga who would like to be part of a yoga community, in training to be a yoga teacher, are a 200hr trained teacher working towards Full Membership, or are qualified but not currently teaching. An Associate member can join us from anywhere around the world.

#### Benefits of Associate membership are:

- Subscription to monthly e-newsletter
- Subscription to International Light Magazine
- Discounts for First Aid and CPR
- Discounts for IYTA Events, Workshops and Post-Graduate Courses
- Access the 'Find A Teacher' page and connect with teachers in your area
- Contact your local area IYTA representative for meetups and happenings in your area
- Eligibility to apply to do the Diploma of Yoga Teacher Training (study in Sydney or online) and start your yoga teaching journey

- Join an association of likeminded people
- Giving back to the community – your membership fees help run IYTA and offer all that we do
- Volunteer Opportunities

#### Requirements of Associate membership are:

- Abiding by the IYTA Code of Ethics
- Keeping your details with IYTA current and up to date
- Annual Fee of \$75

### Full Membership (Teaching within Australia)

A Full Member is a teaching member within Australia, you must have a minimum 350hr Yoga Teaching Qualification as approved by the IYTA Committee.

All professional teaching yoga members can access full privileges and benefits of being a community member and can also vote and attend monthly committee meetings and our Annual General Meeting. All Full Members can use the letters 'IYTA' as a qualification after your name and use the IYTA Logo to be recognised as a registered member.

#### Main benefits of Full Membership are:

- Membership of an Internationally recognised Professional Teaching Association, with the opportunity to connect with likeminded yoga teachers worldwide
- Your own personal profile where students and other yoga professionals can find you and link to your own website



- Advertisement of your workshops, retreats and events for FREE on the IYTA website and Facebook page
- Be found through Find-A-Teacher on the IYTA website
- Use of the IYTA Logo for your business and website
- Annual Certificate of Membership
- Contact your local area IYTA representative for meetups and happenings in your area
- Discounted Insurance (professional indemnity and public liability)
- Discounted IYTA Post-Graduate Courses, Master Classes and Workshops
- Discounted IYTA Affiliate Courses
- Subscription to monthly e-newsletter
- Subscription to International Light Magazine
- Monthly FREE CPD video
- Discounts for First Aid and CPR
- Ability to vote in the Annual General Meeting
- Open invitation to attend monthly Committee Meetings
- Submit articles, your own books, DVDs, CDs to be considered for review in the International Light magazine
- Opportunities to become a Committee Member or Representative in your area
- Volunteer Opportunities
- Sponsorship (\$200 Voucher) for your student to attend the annual Diploma of Yoga Teacher Training
- Link-up with other IYTA Yoga Teachers and Members throughout the world
- Members can register at a discount to Yoga Australia

- Members who are IYTA Graduates you can also register with Yoga Alliance (USA) and Yoga Australia
- Acknowledgment with major Health Providers for your students to make claims on their Fund\*

*\*Health Fund Rebate has been recently removed by the Australian Government for some alternative therapies (inc. Yoga). This is currently under review.*

#### Requirements of Full Member are:

- Minimum 350hr Yoga Teacher Training Qualification from a recognised yoga school
- Current Insurance
- Current First Aid and CPR certification
- 12 CPD points per membership year
- Abiding by the IYTA Code of Ethics
- Keeping your details with IYTA current and up to date
- Annual Fee of \$110

### Full International Membership

A Full International Member is a teaching member outside of Australia. You must have a minimum 350hr Yoga Teaching Qualification as approved by the IYTA Committee.

All professional teaching yoga members can access full privileges and benefits of being a community member and can also vote and attend monthly committee meetings and our Annual General Meeting. All Full Members can use the letters 'IYTA' as a



qualification after your name and use the IYTA Logo to be recognised as a registered member.

#### Main benefits of Full International Membership:

- Membership of an Internationally recognised Professional Teaching Association, with the opportunity to connect with likeminded yoga teachers worldwide
- Your own personal profile where students and other yoga professionals can find you and link to your own website
- Advertisement of your workshops, retreats and events for FREE on the IYTA website and Facebook page
- Be found through Find-A-Teacher on the IYTA website
- Use of the IYTA Logo for your business and website
- Annual Certificate of Membership
- Contact your local area IYTA representative for meetups and happenings in your area
- Discounted IYTA Post-Graduate Courses, Master Classes and Workshops
- Subscription to monthly e-newsletter
- Subscription to International Light Magazine
- Monthly FREE CPD video
- Ability to vote in the Annual General Meeting
- Open invitation to attend monthly Committee Meetings
- Submit articles, your own books, DVDs, CDs to be considered for review in the International Light magazine
- Opportunities to become a Committee Member or Representative in your area
- Volunteer Opportunities
- Link-up with other IYTA Yoga Teachers and Members throughout the world

#### Requirements of Full International Membership:

- Minimum 350hr Yoga Teacher Training Qualification from a recognised yoga school
- Abiding by the IYTA Code of Ethics
- Keeping your details with IYTA current and up to date
- Annual Fee of \$75

### Contact Us

Phone: 1800 449 195

Email: [info@iyta.com.au](mailto:info@iyta.com.au)

Website: [www.iyta.com.au](http://www.iyta.com.au)

[Join IYTA today!](#)

